

F.No. RGNAU/5203/03/ADMIN
राजीव गांधी राष्ट्रीय विमानन विश्वविद्यालय
RAJIV GANDHI NATIONAL AVIATION UNIVERSITY

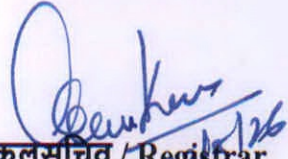
Administration Notification No. RGNAU/032/2026 Dated 22nd May 2026

In pursuance to the DO letter No. M-16011/25/2026-YN dated 8th May 2026 of the Secretary, Ministry of Ayush, Govt. of India and E-mail dated 12th May 2026 of C&W section, M/o Civil Aviation, the undersigned is instructed to request all the Teaching/Non-Teaching Staff and Students of the University to actively participate in the live Yoga session by calling at dedicated Toll Free number 18003157008. This initiative is a part of the Ministry's Yoga 365 campaign, to promote yoga as a national movement and integrate it into the daily lives of individuals, 365 days a year. The participation under this initiative will not only contribute to their own health and well-being but also strengthen the nationwide celebration of International Day of Yoga, 2026.

Therefore, all the Teaching/Non-Teaching staff and Students are requested to actively participate in the ongoing Yoga sessions and the forthcoming World Record event by registering through the toll-free number **1800-315-7008**. The Participants will receive free "Yoga Mitra" a Yoga volunteer certificate by the Yoga Certification Board, Ministry of Ayush, upon successful registration and completion of course.

This issues with the approval of the Competent Authority.

Encl.: As stated above.


कुलसचिव / Registrar

To,
All Teaching/Non-Teaching Staff and Students

Copy to:

- 1) All Deans/Heads/Coordinators of the Departments/Schools/Sections/Units
- 2) Finance Officer
- 3) Controller of Examinations
- 4) Librarian (Officiating)
- 5) All Deputy Registrars
- 6) Officer on Special Duty (AAE&HR)
- 7) Warden, RGNAU Hostel
- 8) System Analyst – please upload it on the University website.
- 9) Hindi Officer
- 10) Medical Officer
- 11) Security Officer
- 12) Section Officer, C&W Section, M/o Civil Aviation – w.r.t. E-mail dated 12.05.2026 for information please.
- 13) PS to the Vice Chancellor
- 14) PS to the Registrar
- 15) Office Order File

वैद्य राजेश कोटेचा

सचिव

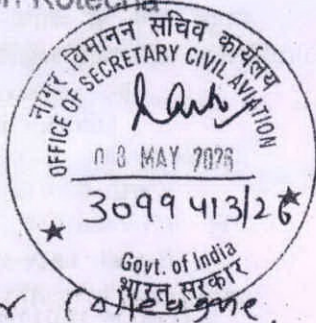
Vaidya Rajesh Kotecha

Secretary



सत्यमेव जयते

75
आजादी का
अमृत महोत्सव



Dear Sir,

DDG

भारत सरकार
आयुष मंत्रालय
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,
आई.एन.ए., नई दिल्ली -110023
Government of India
Ministry of Ayush
Ayush Bhawan, B-Block, GPO Complex,
INA, New Delhi-110023
Tel. : 011-24651950, Fax : 011-24651937
E-mail : secy-ayush@nic.in

D.O.No.M-16011/25/2026-YN
08th May, 2026

In the run-up to the 12th International Day of Yoga (IDY) 2026, the Ministry of Ayush is undertaking several initiatives to promote mass participation and awareness of Yoga across the country.

Kindly refer to the Ministry's earlier D.O. letter No: M-16011/8/2026-YN dated 12th March, 2026 regarding promotion of registrations for the "100 Days Free Live Yoga Sessions" being conducted in collaboration with Habuild Health Tech Private Limited under the "Yoga 365" initiative (copy enclosed).

In order to further encourage active participation across Ministries/Departments, it has been proposed to institute a Ministry-level recognition mechanism to acknowledge contributions towards mobilizing registrations for the World Record event.

Accordingly, the following categories of recognition are proposed for the top three Ministries/Departments based on verified participation metrics:

- योग प्रसारक प्रथम (1st Position)
- योग प्रसारक द्वितीय (2nd Position)
- योग प्रसारक तृतीय (3rd Position)

The above recognition will be conferred by Ministry of Ayush in the form of a digital badge. This initiative is expected to foster healthy competition, enhance outreach, and strengthen collective efforts towards making Yoga a mass movement.

I would, therefore, request you to kindly encourage officers and staff of your Ministry/Department, including attached and subordinate offices, to actively participate in the ongoing Yoga sessions and the forthcoming World Record event by registering through the toll-free number **1800-315-7008**. Participants will receive free "Yoga Mitra" a Yoga volunteer certificate issued by the Yoga Certification Board, Ministry of Ayush, upon successful registration and completion of course.

Your support in this regard will greatly contribute to the success of this nationwide initiative and the celebrations of IDY 2026.

With regards,

Yours sincerely,

Encl: As above

DDG

(Rajesh Kotecha)

To,

All Secretaries of all Ministries/Departments, Government of India

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DDG